

For supervisors/managers looking to create a deeper understanding of who they are as leaders and strengthen their skills in practical ways.

## Session Description



The TLS Leadership Forum™ is designed to support managers/supervisors in exploring the essence of who they are as a leader ('how they are being'). Participants then take this insight and explore 'what they are doing' as a leader in terms of building relationships and communicating with others effectively. In the forum we discuss a broad overview of leadership qualities and skills, while taking a deeper look at some of the key aspects of successful leadership. Participants are guided by certified coach trainers, and supported by peer learners, in a highly interactive learning environment.

Below are the topics included in The Leadership Forum:

### Explore 'how you are being'

- \* Explore Confidence
- \* Define Core Values
- \* Lead Authentically
- \* Create Balance

### Explore 'what you are doing'

- \* Build Trust
- \* Manage Conflict
- \* Become a 'Coach-like Leader'
- \* Develop an Action Plan

## What participants are saying about the forum:

- \* *"Amazing training, so well organized & helpful, insightful. Loved it!"*
- \* *"I feel like a stronger employee and supervisor! Would love to sign my staff up for this training as well."*
- \* *"Hands down the best webinar I have been to in years. Great content and great interaction. I would highly recommend to my leadership."*
- \* *"Excellent training - loved the focus on who we are as individuals versus just giving us one size fits all advice and tasks."*

## The Leadership Forum Delivery Options

Live or Virtual  
Customized for Co-Ed, Women-Only  
New Managers

Two full-days, Four half-days or  
Eight 90-min sessions

Organizations - please contact us  
for team pricing!

\*Approved by NASW/CT for 12 CECs

## About Stacie & Alicia



Stacie Watson and Alicia Davis are Certified Professional Coaches and the owners of Transformative Leadership Strategies.

*"Alicia and Stacie masterfully create a safe space to be vulnerable and explore. Their sincerity, focus and belief in the mission creates an amazing experience."*

*"Alicia and Stacie are fantastic! They have really great synergy and the perfect 'vibration' for the work. I really appreciate their way of being during the session - it really helped to reinforce the concepts."*

*"Extremely engaging. Make sessions a safe space for exploring and sharing."*