

**Online learning delivered in a LIVE, interactive and engaging format!**

**For staff who want to take charge of their learning and grow with the support of peers and certified coaches**

**For organizations that want to provide training for supervisors/managers in support of their development as leaders**



Organizations often struggle to offer effective and meaningful leadership and/or staff development for their team members. TLA provides a unique solution to this challenge by providing a wide range of training courses.

Courses are highly interactive and engaging and participants are able to learn from their peers as well as professional certified coaches. Each session includes materials designed to reinforce adult learning and immediate, real-world application.

***Topics Scheduled for 2024!***

<b>Leadership Development</b>	<b>Date</b>	<b>Staff Development/Wellbeing</b>	<b>Date</b>
Leadership 101	5/15	Communicate with Skill	5/21
Emotional Intelligence - Leading with Head & Heart	6/18	Communicate with Confidence	6/27
Being a 'Coach-like' Leader	7/23	Communicate to Drive Action	7/31
Creating Healthy Boundaries with Staff	8/22	Finding Calm in the Chaos: Decreasing Stress through Mindfulness	8/27
Developing Leadership Presence through Mindfulness	9/17	Emotional Intelligence Foundations	9/26
Creating a Culture of Accountability	10/24	Balance is a Verb: The Real Truth about Self-Care	10/30
The Power of Strengthening Team Trust	11/12	Creating Healthy Boundaries at Work	11/21
Leading a Multigenerational Team	12/5	Addressing Compassion Fatigue & Burnout	12/10

***All Sessions are 2-Hours in Length***

***Participant receive 2 CECs from NASW/CT for every training!***

***See reverse side for how you (or your organization) can participate!***

TLS makes training engaging, practical and affordable!

*Enroll in single sessions, through an annual subscription, or group/organizational sponsorship*

## Looking for Training for Yourself?



### Enroll in 3-Simple Steps!

1. Search our online catalog  
[www.TLStransforms.com/Learning-Academy](http://www.TLStransforms.com/Learning-Academy)
2. Select a course
3. Enroll (*using Payment Option 1 or 2 below!*)

### Participant Comments

*“Amazing training, so well organized & helpful, insightful. Loved it!”*

*“Hands down the best webinar I have been to in years. Great content and great interaction. I would highly recommend to my leadership.”*

*“Excellent training - loved the focus on who we are as individuals versus just giving us one size fits all advice and tasks.”*

### Individual Payment Options

Option 1	Option 2
Purchase Sessions One-at-a-Time	Purchase an Annual Subscription
\$95 for each 2-hour course	\$395 annually (from date of purchase)
<b>Receive 2-hours of CECs from NASW/CT for Attending Any TLA Training!</b>	<b>Take UNLIMITED Courses throughout Your Subscription Year!</b>
	Currently we have 24-courses you can choose from over the next 12-months and we will be adding more soon!



### Looking to Sponsor Staff?

Contact us for discounted Organizational Rates!

**Email [info@TLStransforms.com](mailto:info@TLStransforms.com) for more information!**

**If your staff need CECs from NASW/CT then TLA is the place to come!**